School Nutrition Programs

National School Lunch (NSLP):

Students receive a well-balanced lunch that will provide 1/3 of the RDA's of protein, vitamin A, vitamin C, iron, calcium, and calories. Lunch is consistent with the Dietary Guidelines for Americans. The goal of the NSLP is to ensure that every child gets the nutritious lunch they need for physical and academic well-being. Additionally, NSLP reinforces the nutrition education taught in the classroom.

More whole grains, fruits, and vegetables; low-fat dairy products; and less sodium and fat. Menus are planned for grades K-5, 6-8 and 9-12 and will demonstrate to students correct portion sizes.

School Breakfast (SBP):

Energize your day with a School Breakfast! Students receive a well-balanced breakfast that will provide 1/4 of the RDA's to be consistent with the Dietary Guidelines for Americans. Many students, regardless of income levels, come to school without breakfast. SBP will ensure that our schoolchildren have access to a well-balanced meal every morning at school!

Meet the Staff

Rose Chamberlain, Director, Division of Food & Nutrition Services

Arleen Ramos-Szatmary, MS, CPM Coordinator, SNP

Elizabeth Vukovic Gartlan, RDN Assistant Coordinator, SNP

Amy Jankowski Assistant Coordinator, SNP

Jacqueline Bricker, MBA Marketing Specialist, SNP

Kendra Hall– Perkins Administrative Assistant, SNP

Jill Dailey, MPA Central Office/SNP Specialist

School Nutrition Program Specialists

Erlisa Levin, MPH, RDN

Lea Berry

Corinne Santos-Hernandez, MHA

Amy Martin, RDN

Lorena Paredes

Kate Marsh, MBA, RDN

Katie Hunter, RDN

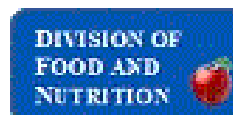**Dianne Kennedy, MS**

Casey Miller, RDN

Genel Cook-Wright

Lauren Renn, RDN

To obtain further information on any of the School Nutrition Programs, contact:

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DIVISION OF FOOD AND NUTRITION

- **National School Lunch (NSLP)**
- **School Breakfast (SBP)**
- **After School Snack (ASSP)**
- **Special Milk (SMP/SSMP)**
- **Fresh Fruit / Vegetable (FFVP)**
- **Farm To School (F2S)**

Program Objectives:

To provide nutritious, well-balanced meals, milk or snacks to students in order to promote sound eating habits, foster good health, and academic achievements.

Students who have satisfied their nutritional needs are better behaved at school, have longer attention spans, score higher on tests, and are more interested in the education program.

Farm To School (F2S):

Highlights efforts to bring produce from NJ's farms into school cafeterias. Initiatives include school gardening, farm visits, and culinary classes and the integration of food-related education into the regular, standards-based classroom curriculum. The USDA supports the program, through research, training, technical assistance, and grants.

Fresh Fruit / Vegetable (FFVP):

Students in select schools receive a fresh fruit or vegetable snack served outside of their scheduled National School Lunch Program (NSLP) and School Breakfast Program (SBP) time period. In New Jersey, 70% of schools use locally grown fruits & vegetables for the FFVP.

After School Snack (ASSP):

Students receive a nutritional boost during supervised education and enrichment activities that occur after the end of their regular school day. Sponsors receive reimbursement based on the number of snacks served to eligible students.

Special Milk (PMO/FPM/SSMP):

Students receive a half pint of fluid milk to encourage the consumption of milk in order to foster good health and academic achievement.

- **Paid Milk Only (PMO):** is reimbursed at the paid rate for all the milk served to students.
- **Free and Paid Milk (FPM):** is reimbursed at the free and paid rate for all the milk served to students.
- **Split Session Milk Program (SSMP):** allows for the serving of milk to students enrolled in the Split Session Kindergarten or Preschool Programs where they do not have access to the National School Lunch Program.